



Department of Local Government,
Sport and Cultural Industries
Office of Multicultural Interests

alzheimer'swa
the dementia experts



Dementia Services Directory

Culturally and Linguistically Diverse (CALD)
Communities in Western Australia

October 2018

Dementia Services Directory

Culturally and Linguistically Diverse (CALD) Communities in Western Australia

This directory of services provides information on dementia support for specific CALD communities in Western Australia. It has been made possible by funding from the Office of Multicultural Interests, Department of Local Government, Sport and Cultural Industries.

This directory brings together useful information to support people living with dementia from CALD communities and their carers. It contains general information about specific dementia services listed* and relevant contact details.

Many organisations provide services for the elderly and specifically for those with dementia. This ranges from domestic assistance, personal care, day centre services and other support. Service providers not presently providing specific dementia services for CALD clients are not included in the directory.

Whilst a number of service providers employ staff or volunteers who speak a variety of languages to assist communication with people with dementia, only those providers which offer CALD-specific services have been listed.

This directory is organised in terms of the services provided for ease of use. In providing this list, Alzheimer's WA does not endorse these providers.

* Some details may have changed since time of writing. Whilst care has been taken to include all CALD dementia services, the list may not be comprehensive.

alzheimer'swa
the dementia experts

HEAD OFFICE

55 Walters Drive, Osborne Park WA 6017

Telephone: 1300 66 77 88

Facsimile: (08) 9388 2739

PO Box 1509, Subiaco WA 6904

support@alzheimerswa.org.au

ALZHEIMERSWA.ORG.AU

REGIONAL OFFICES

Albany: (08) 9841 3755

Mandurah: (08) 9535 8772

For services provided from Kalgoorlie and York, please contact us on 1300 66 77 88.



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twitter.com/alzheimerswa



instagram.com/alzheimers_wa



linkedin.com/company/alzheimers-wa



youtube.com/alzheimersauswa

Day Centre

Umbrella Multicultural Community Care Service Inc

HO - 39 Abernethy Street, Belmont
263 Coode Street, Bedford
Phone: (08) 9275 4111

enquiries@umbrellacommunitycare.com.au

Activities: Day Centre service*
10am - 2pm operation

CALD Community:

Polish, Greek, Filipino

St Basil's Aged Care Services

390 Charles Street, North Perth
Phone: (08) 9201 9655

www.stbasilswa.com.au/respice

Activities: Day Centre service#

CALD Community: Greek, Romanian,
Russian, Egyptian, Serbian, Iraqi,
Macedonian, Arabic

Multicultural Services WA

10 Farmer Street, North Perth

Phone: (08) 9444 8283

www.mscwa.com.au

Activities: Day Centre service*

North Perth:

Italian - Monday, Wednesday, Friday

Manning Centre:

Italian - Monday

North Perth:

Macedonian - Tuesday

Belmont:

Burmese - Wednesday

Westminster:

Vietnamese - Friday

North Perth:

SE Asian (Chinese, Vietnamese,
Burmese) Saturday

CALD Community: Italian, Macedonian,
Burmese, Vietnamese, Chinese

Italian Aged Care Incorporated

33 Kent Road, Marangaroo

Phone: (08) 9247 0888

www.iaci.com.au/day-therapy-centre

Activities: Day Centre service*

Refer to website

CALD Community: Italian

Chung Wah

Therese Kwok/Rita Li

128 James Street, Northbridge

Phone: (08) 9328 8657

www.chungwahcac.org.au

Activities: Day Centre/Social Support
service*^

9am - 2pm operation

Balcatta:

Tuesday - Thursday

Maddington:

Friday

CALD Community:

Chinese, Vietnamese

African and CALD Elders Services WA

Hainsworth Centre

29 Hainsworth Avenue, Girrawheen

Phone: 0434 995 227

info@africanandcaldeldersserviceswa.org.au

www.africanandcaldeldersserviceswa.org.au

Activities: Day Centre service*^

9.30am - 12.30pm operation

Monday and Wednesday

CALD Community: African

Day Centre (cont.)

Amana Living

Amana Living Club Wanneroo
275 Scenic Drive, Wanneroo
Phone: 1300 850 146

Activities: Day Centre service*
Vietnamese - Monday
Italian - Tuesday

CALD Community:
Vietnamese, Italian

City of Stirling

Stirling Day Club
34 Cedric Street, Stirling
Phone: (08) 9205 7950

Nollamara Day Club
11 Lemana Court, Nollamara

Activities:
CALD specific dementia groups
9.00am - 2.30pm operation

Stirling:

Macedonian - Wednesday
Greek - Tuesday
Italian - Thursday and Friday

Nollamara:

Vietnamese - Thursday

CALD Community:
Macedonian, Greek, Italian,
Vietnamese

Echo-Elderly Citizens Help Organisation

72 Toowong Street, Bayswater
Phone: (08) 9271 7011

Activities: Day Centre service*
Local area residents - Stirling and
Bayswater LGA

CALD Community: Italian, Greek

In-home Care

St Basil's Aged Care Services

390 Charles Street, North Perth
Phone: (08) 9201 9655
www.stbasilswa.com.au/home-care

Activities: Refer to website
CALD Community: Greek, Romanian,
Russian, Egyptian, Serbian, Iraqi,
Macedonian, Arabic

Italian Aged Care Incorporated

33 Kent Road, Marangaroo
Phone: (08) 9247 0888
www.iaci.com.au/home-care

Activities: Refer to website
CALD Community: Italian

City of Stirling

Stirling Community Care
Phone: (08) 9205 7632
community.care@stirling.wa.gov.au
[www.stirlingcommunitycare.com.au/
services/community-care-services/](http://www.stirlingcommunitycare.com.au/services/community-care-services/)

Activities: Refer to website
CALD Community: Macedonian, Greek,
Italian, Vietnamese

Italo Australian Welfare and Cultural Centre Inc (IAWCC)

209 Fitzgerald Street, Perth WA
Phone: (08) 9228 2220
Email: centro@iawcc.org.au
[www.agedcareguide.com.au/italo-
australian-welfare-cultural-centre-
icare-community-services-hcp-
program-in-home-care](http://www.agedcareguide.com.au/italo-australian-welfare-cultural-centre-icare-community-services-hcp-program-in-home-care)

Activities: Refer to website
CALD Community: European, Italian,
Southern European, Spanish

In-home Respite

St Basil's Aged Care Services

390 Charles Street, North Perth

Phone: (08) 9201 9655

www.stbasilswa.com.au/respite

Activities: Refer to website

CALD Community: Greek, Romanian, Russian, Egyptian, Serbian, Iraqi, Macedonian, Arabic

Day Respite Centre

St Basil's Aged Care Services

390 Charles Street, North Perth

Phone: (08) 9201 9655

www.stbasilswa.com.au/respite

Activities: Café Zoe

Refer to website

CALD Community: Greek, Romanian, Russian, Egyptian, Serbian, Iraqi, Macedonian, Arabic

Italo Australian Welfare and Cultural Centre Inc (IAWCC)

209 Fitzgerald Street, Perth WA

Phone: (08) 9228 2220

centro@iawcc.org.au

www.agedcareguide.com.au/italo-australian-welfare-cultural-centre-icare-community-services-hcp-program-in-home-care

Activities: Refer to website

CALD Community: European, Italian, Southern European, Spanish

Chung Wah

Therese Kwok/Rita Li

2/98 Lake Street, Northbridge

Phone: (08) 9328 3988

www.chungwahcac.org.au/serviceDLRC.asp

Activities:

Balcatta or Willetton:

Day Long Respite Care*

9am - 6pm operation

Monday - Friday

Refer to website

CALD Community: Chinese, Vietnamese

Social Support

City of Stirling

Stirling Community Care

Phone: (08) 9205 7632

www.stirlingcommunitycare.com.au/services/social-support/

Activities:

Provided in the community or at home
Refer to website

CALD Community:

Italian, Vietnamese, Chinese

Independent Living Units

Italian Aged Care Incorporated

33 Kent Road, Marangaroo

Phone: (08) 9247 0888

www.iaci.com.au/independent-living-units

Activities: Cabrini Villas - 11 x 2-bedroom units provides independence in a supportive community
Refer to website

CALD Community: Italian

Home Care Packages

Italo Australian Welfare and Cultural Centre Inc (IAWCC)

209 Fitzgerald Street, Perth WA
Phone: (08) 9228 2220
centro@iawcc.org.au
www.agedcareguide.com.au/italo-australian-welfare-cultural-centre-icare-community-services-hcp-program-in-home-care

Activities: Refer to website

CALD Community: European, Italian, Southern European, Spanish

St Basil's Aged Care Services

390 Charles Street, North Perth
Phone: (08) 9201 9655
www.stbasilswa.com.au/home-care
Email: stbasils@stbasilswa.org.au

Activities: Refer to website

CALD Community: Greek, Romanian, Russian, Egyptian, Serbian, Iraqi, Macedonian, Arabic

Italian Aged Care Incorporated

33 Kent Road, Marangaroo
Phone: (08) 9247 0888
www.iaci.com.au/home-care-packages

Activities: Refer to website

CALD Community: Italian

Residential Care

Italian Aged Care Incorporated

33 Kent Road, Marangaroo
Phone: (08) 9247 0888
www.iaci.com.au/specialised-dementia-care

Activities: Residential care home
Villa Terenzio -
John Re Family Wing
- 18 bed dementia wing
Special care Unit
- secure 24 bed dementia care

Refer to website

CALD Community: Italian

Community Visitor Scheme

St Basil's Aged Care Services

390 Charles Street, North Perth
Phone: (08) 9201 9655
stbasils@stbasilswa.org.au
www.stbasilswa.com.au/community-visitor-scheme/

Activities:

Home Visits by volunteers fortnightly
Refer to website

CALD Community: Greek, Romanian, Russian, Egyptian, Serbian, Iraqi, Macedonian, Arabic

City of Stirling

Phone: (08) 9205 7632
community.care@stirling.wa.gov.au
www.stirlingcommunitycare.com.au/services/connect-2/

Activities: Refer to website

CALD Community: Macedonian, Greek, Italian, Vietnamese

Community Visitor Scheme (cont.)

Chung Wah

Phone: (08) 9328 3988

www.chungwahcac.org.au/serviceCVS.asp

Activities:

- Home visits by trained volunteers.
- Provide culturally appropriate activities
- Perth North, East and South West metro areas
- Refer to website

CALD Community:

Chinese, Vietnamese

Carers Groups

Carers WA

Phone: 1300 CARERS (1300 227 377)

[www.carerswa.asn.au/information-and-support/multicultural-carers/Kings Park and Mirrabooka](http://www.carerswa.asn.au/information-and-support/multicultural-carers/KingsParkandMirrabooka)

Activities: Linking Together Carer Group provides information, links carers with supports and other Carers WA services such as education, training and counselling. Held monthly

CALD Community:

All CALD communities

Carers Support

Carers WA

Phone: 1300 CARERS (1300 227 377)

www.carerswa.asn.au/information-and-support/multicultural-carers/

Activities: Support for Carers
Interpreters may be available by phone or in person (e.g. counselling or education sessions)

CALD Community:

All CALD communities

NDIS - Under 65 dementia

Chung Wah

Therese Kwok/Rita Li

128 James Street, Northbridge

Phone: (08) 9328 8657

www.chungwahcac.org.au

Activities: Provide NDIS service for people under the age of 65 living with dementia

Refer to website

CALD Community:

Chinese, Vietnamese

City of Stirling

Joe Camilleri Day Club - Scarborough

Phone: (08) 9205 7632

community.care@stirling.wa.gov.au

www.stirlingcommunitycare.com.au/services/community-day-clubs/

Activities: Day club for 18-65 with a disability, including younger onset dementia*

Refer to website

CALD Community: Macedonian, Greek, Italian, Vietnamese

Advocacy and Cultural Training

Ethnic Disability Advocacy Centre (EDAC)

Phone: (08) 9388 7455 | 1800 659 921

admin@edac.org.au

rosita@edac.org.au

Activities: Provides Advocacy and cultural training+

CALD Community: All CALD communities

*Mixed groups - not dementia specific

Early stages of dementia

^ No segregation of CALD groups

@ Whilst Carers WA and Translating and Interpreting Service (TIS) make every effort to provide these services, they may be subject to availability

+ No direct service provision

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EARLY SIGNS OF DEMENTIA

- » Short term memory loss
- » Confusion
- » Loss of interest and withdrawal
- » Loss of ability to do everyday tasks and activities
- » Changes in communication
- » Changes in emotional reactions

2



VISIT YOUR GP

GP assessment includes:

- » Medical history
- » Physical examination to identify causes of symptoms
- » Psychological assessment
- » Activities of daily living
- » Medication review
- » Cognitive screening test

4



FOLLOWING DIAGNOSIS

- » Referral to support services
- » Care Plan developed
- » Ongoing support for person with dementia and carer

3



REFERRAL TO SPECIALIST

- » Depending on initial GP assessment
- » Referral to specialist e.g. Neurologist, Neuropsychologist, Geriatrician or memory clinic
- » Official diagnosis given
- » Treatment Plan developed