

Alzheimer's WA Education and Training

Alzheimer's WA is a Registered Training Organisation (RTO 4755) that delivers both accredited and non-accredited training and education programs. We have decades of experience in educating and training health care professionals and frontline teams who work with people living with dementia.

We believe dementia is a human experience rather than just a biological condition.

Our philosophy of care stems from a commitment to a person-centred approach and practice. This is reflected in all of our education and training.

Our highly professional educators are all qualified and have vast and varied experience in providing support to people living with dementia and their families in either community, hospital or residential settings.

We offer a range of programs that are available through funded, subsidised and fee for service options.

Education Services

Family and Friends

This workshop has been developed especially for people who know or care for a person living with dementia.

It is designed to provide an understanding of dementia and how best to communicate with and support a person living with dementia. We will provide an overview of the services available to those who support people living with dementia, and highlight the importance of their own self-care.

Duration: Full Day

Positive Dementia Care

Gain a basic understanding of dementia as well as practical strategies to enable positive interaction when supporting a person living with dementia in this full day workshop. You will learn:

- » what dementia is and how it effects a person
- » how to support wellbeing
- » positive interaction strategies
- » validation, reminiscence
- » understanding 'behaviour', unmet needs and implementing change.

Duration: Full Day

Overview of Dementia

This workshop explores dementia and the impact the diagnosis has on a person. We consider communication and environmental strategies to enable wellbeing and improve the quality of life for the person living with dementia.

Duration: 3.5 hours

Meaningful Engagement in Dementia Care

Explore the importance of engaging meaningfully with people living with dementia by undertaking activities with them which are purposeful to them, provide meaning to them and are pleasurable for them. This workshop is perfect for anyone supporting people living with dementia in a community or residential setting who is interested in providing quality, person-centred care. In this half-day workshop, you will:

- » explore the importance of identifying individual needs of people living with dementia
- » examine the relationship of meaningful engagement and wellbeing
- » develop a plan of suitably engaging activities for a person living with dementia.

Duration: Half-day

Personal Perspectives

Learn about dementia through a lived experience. We invite one of our Advocates to share their story. In this two-hour session we consider:

- » the impact dementia has on the person diagnosed
- » the impact of the diagnosis on the family
- » some of the strategies we recommend to enhance wellbeing and support
- » overview of the services we provide to support the family
- » the advocate's experience and how we can learn from their story.

Duration: 2 hours

Younger Onset Dementia

Explore the unique experience of people under 65 years of age who are diagnosed with dementia. Receive useful tips and strategies to utilise in supporting and caring for them. In this workshop you will:

- » gain a greater understanding of dementia
- » examine the impacts of dementia on a younger person
- » identify the unique needs of younger people living with dementia
- » explore ways to adapt care and service provision to meet their needs.

Duration: Half-day



Adapting Your Home

This workshop looks at how to modify your home to be dementia friendly and inclusive based on the Dementia Design Principles. You will learn to create an environment which is enabling and promotes living well with dementia- in your own home.

Duration: Half-day

Enrich

It just takes a few small and simple healthy lifestyle choices to ENRICH your life and reduce your risk of dementia. In this presentation you will learn:

- » what dementia is
- » what you can do to minimise your risk of developing dementia through lifestyle choices.

Duration: 1 hour

Customised Training

Our experienced educators can adapt our existing programs or develop a customised program that meets your organisational needs. We can provide advice on accredited and non-accredited training.

Information Sessions

We can provide information sessions to your staff, managers, volunteers and members of your community that include the services provided by Alzheimer's WA and our education team.

Contact Us

Contact us today to discuss our services and how we can assist your organisation.

Alzheimer's WA Training College

9 Bedbrook Place,
Shenton Park, WA, 6008

Phone: 1300 66 77 88

Email: education@alzheimerswa.org.au

<https://www.alzheimerswa.org.au/training-college>